

## Polar Swim

**9** Lewis Pugh has become the first person to swim  
**14** under the ice in Antarctica!

**23** Lewis Pugh is an endurance swimmer. In 2007, he  
**31** became the first person to complete a long-distance  
**41** swim across the North Pole. He's also swam in every  
**45** ocean in the world!

**54** On 24th January, he swam in a river under  
**62** an Antarctic glacier. The river was made from  
**64** melting ice.

**74** On social media, he said it was "the most beautiful  
**80** and terrifying swim," he'd ever done.

**88** Lewis Pugh swam in Antarctica to raise awareness  
**97** of climate change. This is the changing weather and  
**102** rising temperature of the Earth.

**110** Most scientists believe it is caused by human  
**118** actions, such as burning fossil fuels for energy.

**126** "We are facing a climate emergency," Lewis said  
**129** on social media.



## Quick Questions

1. Find a phrase in the opening paragraph which means to 'help people understand'.

---

2. Why did Lewis Pugh swim in Antarctica?

- To break a world record.
- To complete a new challenge.
- To raise awareness of climate change.
- To train for a North Pole swim.

3. Lewis Pugh has a lot of experience in attempting challenging swims. Find a piece of evidence to support this statement.

---

---

---

4. Summarise this news story in 20 words or fewer.

---

---

---

## Polar Swim

**9** Lewis Pugh has become the first person to swim  
**14** under the ice in Antarctica!  
**23** Lewis Pugh is an endurance swimmer. In 2007, he  
**31** became the first person to complete a long-distance  
**41** swim across the North Pole. He's also swam in every  
**45** ocean in the world!  
**54** On 24th January, he swam in a river under  
**62** an Antarctic glacier. The river was made from  
**64** melting ice.  
**74** On social media, he said it was "the most beautiful  
**80** and terrifying swim," he'd ever done.  
**88** Lewis Pugh swam in Antarctica to raise awareness  
**97** of climate change. This is the changing weather and  
**102** rising temperature of the Earth.  
**110** Most scientists believe it is caused by human  
**118** actions, such as burning fossil fuels for energy.  
**126** "We are facing a climate emergency," Lewis said  
**129** on social media.



## Answers

1. Find a phrase in the opening paragraph which means to 'help people understand'.  
**raise awareness**
2. Why did Lewis Pugh swim in Antarctica?
  - To break a world record.
  - To complete a new challenge.
  - To raise awareness of climate change.**
  - To train for a North Pole swim.
3. Lewis Pugh has a lot of experience in attempting challenging swims. Find a piece of evidence to support this statement.  
**Accept in 2007 he became the first person to complete a long-distance swim across the North Pole or he's swam in every ocean in the world.**
4. Summarise this news story in 20 words or fewer.  
**Accept any reasonable summary which is 20 words or fewer, e.g. Lewis Pugh is the first person to swim under an Antarctic glacier. He was raising awareness about climate change.**