



## Primary School

Alfreton Road, Little Eaton,  
Derbyshire. DE21 5AB  
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Dear Parents/Carers,

I am writing to inform you that we will be covering sex and relationship education over the next couple of weeks.

We will mainly be using BBC and twinkle resources and following the statutory programme of study. Mr Thomasson and Mrs Dallison will be delivering the lessons which will include:

- how our bodies change through puberty;
- how our thoughts and feelings change and develop through puberty;
- body image and how influences around may affect the way we feel about ourselves;
- what a loving relationship is;
- what a sexual relationship is;
- human reproduction and contraception.

For some work, the girls and boys will be split into single gender groups.

Please feel free to contact Mr. Thomasson or myself with any questions, concerns or queries regarding the work: [headteacher@litleeaton.derbyshire.sch.uk](mailto:headteacher@litleeaton.derbyshire.sch.uk)

Many thanks for your support.

Paul Schumann

**Scheme of Work for Sex and Relationships Education**  
**Year 6**  
**Title: Preparing For Change**

Topics	Lesson Heading	Lesson Content	Learning outcomes	Lesson contributes to the following outcomes		
				QCA	ECM	SEAL
1	<b>Body Image</b>	<ul style="list-style-type: none"> <li>▪ The importance of personal hygiene as you get older</li> <li>▪ Dealing with the pressures relating to body image</li> </ul>	Children: <ul style="list-style-type: none"> <li>▪ Understand why personal hygiene is important</li> <li>▪ Understand the effect of peer pressure</li> <li>▪ Are assertive in their choices about body image</li> </ul>	2f 3a 3c	BH	4 6 7 8
2	<b>Changing Relationships</b>	<ul style="list-style-type: none"> <li>▪ Dealing with peer pressure.</li> <li>▪ Dealing with the changing relationships with those around you, especially parents/ carers and the importance of communication</li> </ul>	Children: <ul style="list-style-type: none"> <li>▪ Recognise and deal positively with peer pressure</li> <li>▪ Understand the importance of communication within relationships</li> </ul>	1c 2b 2f 3i 4c 4d	SS	4 5 6 7 8
3	<b>Reproduction</b>	<ul style="list-style-type: none"> <li>▪ Puberty and reproduction</li> <li>▪ Sexual intercourse</li> </ul>	Children: <ul style="list-style-type: none"> <li>▪ Recognise the changes in their own bodies in relation to puberty</li> <li>▪ Understand human reproduction including sex</li> </ul>	1a 2a 2f 3c	BH	2 8
Resources:		<a href="#">BBC ask Laura</a>  <a href="#">BBC Primary</a>				

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